

Worksheets

Analog Dad VS AI Mom — The Machine on Our Side

At the end of each chapter you'll find a short task. Here are the longer ones, by chapter. You don't have to fill in all of them. Pick the one that's about your life right now.

Printable versions of the worksheets for all three books, laid out for US Letter paper, are at csicsike76.github.io/analog-dad-worksheets.

The second task is your week. For one week, write down where your time goes at work, and sort it into three groups. What you're paid for. What wears you out. And what is tiring, but there's still someone in it you know.

[illegible]

Chapter Three: “I Can Do That Myself Now”

The second task is about money, and it's for the family. At the end of the month, sit down for half an hour, and have everyone say what has changed. How much came in, how much went out, and what you haven't dared to say this month. Don't skip that fourth question.

[illegible]

Chapter Four: Gabe and Marie

The second task is for your team. If you work with someone, sit down together and write out who does what better: you, your partner, and the machine.

[illegible]

Chapter Five: The Machine That Argues Back

The second question is simple. Who is the person who knows the water? Who has experience in this decision, and can you ask them before you decide?

[illegible]

Chapter Six: Help Me, or Think for Me?

The second question is simple, but worth writing down. Of the things you do in a week, which ones will you need again tomorrow, and which are fine for the machine to do while you review?

I'll need this tomorrow too, so I'll learn it	It's enough for the machine to do this and for me to review it

Chapter Seven: The Letter That Scares Everyone

The second task is a short list of whom you'll call if you're still unsure after reading the letter. Write down the agency's help line, your bank's number, your insurer's, and one person you know who will sit down next to you so you aren't afraid.

[illegible]

Chapter Eight: When the Machine Does Research

The second task is a person. Write down who works where the answer to your question is. An office, a help line, a specialist, an acquaintance. And call them before you decide.

[illegible]

The second task is a note for the fridge. Write on it the symptoms for which you don't ask the machine, but call the after-hours line or 911 right away, and put the phone numbers next to them. If you don't know what those symptoms are, ask the family doctor at the next visit. That's a good question too.

[illegible]

Chapter Ten: The Box in the Attic

The second task is about the family’s digital box. Sit down and answer four questions. Where are our most important photographs and documents? Is there a copy of them somewhere else? Who can get to them if something happens to us? And where is it written down how to get to them?

What is it?	Where is it?	Is there a copy elsewhere?	Who can get to it if something happens to me?
Photographs			
Important documents			
Work accounts			
Passwords (only where they are, don't write them here)			

Chapter Eleven: The Family Pot

The second task is a short family rule. Talk through what you do if someone sees an ad, message, or video promising fast money, even with a familiar face. Who do they tell first? What do they check? And what do they never do before they’ve talked to someone?

If I see an ad promising fast money...	Our rule
Who do I tell first?	
What do I check?	
What do I never do alone?	

Chapter Thirteen: Grandma's Hometown

The second task is a person who knows the place. Before the next time you plan a trip, a visit, or a family outing with the machine, write down who you can call who lives there, or was there. And also who in the family the place means something to, and whom you haven't asked about it yet.

[illegible]

Chapter Fourteen: Four Ladies and a Machine

The second task is Mrs. Terry’s note. Write it out for your older family members, in big letters. If a message asks you for money, don’t pay. Call us. And under it, the phone numbers.

If a message asks for money...	Whom do I call first?	Phone number	Whom do I call if I can’t reach them?	Phone number
...I don’t pay, and I make a phone call				

Chapter Fifteen: Asking the Machine Well Doesn't Make You Smart

The second task is Noel's method. If you write something yourself, a paper, a letter, an application, save its earlier versions too. If someone ever says a machine wrote it, that will be your proof. And if you're the one who's suspicious, before you judge, ask to see the versions.

What am I writing?	Where are the earlier versions?

Chapter Sixteen: If I Can Learn Anything, What Do I Want?

The second task is about the machine’s book recommendations. If the machine recommends a book, a course, a source, before you set out for it, check whether it exists. In a library catalog, on the publisher’s site, in a bookstore. Write down how many of them existed.

The machine’s recommendation	Does it exist? Where did I check?

Chapter Seventeen: Back to the Place That Let You Go

The second task is Gabe's four questions, tailored to you. If you were offered a new job now, what is the condition without which you wouldn't accept it? And what are you willing to let go of? Write it down now, before anyone makes an offer. Afterward it's harder.

[illegible]

Chapter Eighteen: Those Who Live Off Your Attention

The second task is Ben’s notebook. For a week, every night write down one thing you saw or heard that day that really interested you. It doesn’t have to be on the phone. Anywhere. At the end of the week, read all seven, and see how many came from a screen and how many from somewhere else.

Day	What I saw or heard today that really interested me	Did it come from a screen, or somewhere else?
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

Chapter Twenty: When You Don't Ask the Machine

The second task is Kate's Tuesday. Pick one day this week when you won't ask the machine anything that isn't work. At the end of the day, write down what was hard and what was good.

[illegible]

